

Community Mental Health and Wellbeing Fund

FREQUENTLY

ASKED QUESTIONS

1. Will there be any continuation or recurring funding?

It should be noted that funding will be time limited and, therefore, applications to the fund should be sought for time limited projects and tests of change.

It is hoped that a subsequent round of funding will be available 2023-24 however this will depend on any announcement of Budget allocation from the Scottish government

2. What size of organisation can apply for the fund?

The Communities Mental Health and Wellbeing Fund has been established to provide grants to small, grassroots community groups and organisations (i.e., voluntary or community organisations; registered charities; groups or clubs; or Community Interest Companies, and community councils).

We would expect the majority of grants in each local area will go to small to medium sized groups and organisations – with incomes ranging from under £25,000 per annum up to £1 million per annum.

3. What size of grant can be awarded to applicants?

Micro Grant: £0 - £2,000 for un-constituted groups

Small Grant: £0 - £7,500

Main Grant: £7,501 - £20,000

Partnership Projects: £20,001 - £50,000

We would expect the majority of funding to go towards small scale community projects, amounts of less than £10,000. The reporting expectations will be proportionate – for example, a partnership project would require further detail rather one for £500.

4. When will we receive the money?

If successful, you will be given an offer of grant acknowledgement no later than 4 weeks after your application has been submitted this will ask you to provide banking details and also include a condition of grant contract. As soon as this information is received form a group payment can be processed and should take 2-3 business days to arrive in your bank.

5. When does the fund have to be spent by?

This fund covers financial year 2022-23 In practice this means a TSI must have dispersed the funding to agreed projects as soon as possible and by 31 March 2023 at the latest. Group will have 18 months from the date of the condition of grant to spend the allocation.



6.

Does the fund have to be used for new projects, or can it be used for expanding projects or continuing existing projects? Including projects funded by round 1 of the Community Mental Health and Wellbeing Fund.

We will accept applications from new and existing projects.

Whilst the fund can support the expansion of existing activities, it is intended to provide additionality, not replacement funding. Projects funded by Community Mental Health and Wellbeing round 1 (2021/2022).

We may fund projects which received funding in round 1 if it is an extension of the project. Organisations must clearly explain why additional funds are needed, what aims has their project met so far, is their reporting up-to-date, has their target audience changed. Organisations will be asked for further information if enough has not been given in their initial application.

7.

What can the fund be used for? i.e., rent, equipment, staff costs, materials, etc.

The fund is primarily focused on supporting operational and revenue costs – e.g., volunteer, and one-off fixed term staff costs, expenses, equipment, etc - to fulfil the activity small capital spend up to £10,000 is eligible.

8.

How will the fund be monitored?

We will require interim and year-end reports on the fund's progress. Further information on requirements will follow but will be light touch.



9. Will the fund support family wellbeing projects?

The fund is targeted for support to adults over the age of 16 if your project supports families your application must state how the projects will support the adults in the family specifically.

10. Can Counselling and/or other therapeutic services be supported by the fund?

The fund is aimed at projects that are primarily “support” focused within the community.

While projects involving therapeutic treatments can be funded, the fund is not aimed at projects that are primarily “treatment” focused and is not meant to replace funding for direct therapeutic interventions in the community, such as counselling, or CBT.

Instead, it aims to provide a range of broader community supports that can complement clinical care.

10. How can I get more support?

If you have any questions or require support in your application, contact VASLan at funding@vaslan.org.uk, or phone at 01698 300390.

You can also check our website www.vaslan.org.uk/cmhwf.

